



**November 2024 Community of Practice Newsletter**

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# 16 Days of Activism #NOEXCUSE Against Gender-Based Violence

For **16 Days of Activism Against Gender Based Violence**, **DkIT** were delighted to partner nationally with all of Ireland's Higher Education Institutes as they collectively collaborated to bring awareness onto every campus in Ireland to help eradicate Gender-Based Violence in all our communities and society. DkIT held lunch and learn events in partnership with the **RiVeR Project** and **Mens Development Network/White Ribbon**, the Institute also hosted meet and greets for students and staff with **Women's Aid Dundalk** and the **Community Gardai**, along with a collection of other activities both off and online.





### **RiVeR Project Lunch & Learn**

The **RiVeR Project** hosted a '**Lunch & Learn**' session on November 27th for all DkIT students. Attendee's enjoyed a free lunch whilst learning about Domestic Sexual and Gender- Based Violence (DSGBV) with 'RiVeR Rapid Responses' live Vevox poll. 5 lucky students won a 'Golden Ticket' in a prize draw.



### **White Ribbon Ireland Lunch & Learn**

DkIT Hosted **White Ribbon Ireland** for a '**Lunch & Learn**' session on November 28th for all DkIT students and staff. Students enjoyed a free lunch whilst learning about **Beyond the Man Box: Redefining Masculinities**, which was presented by Fredrick Okungu and Daniela Monza

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## RiVeR Project Visit to Garda College Templemore

**Dr Kathleen Nallen and Dr Geraldine O'Connor** from the **RiVeR Project** Management team spent a very interesting and informative morning recently in the **Garda College Templemore** as guests of Superintendent Brian Murphy and colleagues. Superintendent Brian Murphy is a member of the RiVeR Project Steering Committee. They also had the pleasure of speaking to a class of Garda trainees who already had been involved in many incidents of Domestic, Sexual and Gender-Based Violence during their deployments to various Garda districts.

### Now Enrolling

Applications are open for the January 2025 intake of the '**Certificate in the Fundamentals of Understanding and Responding to Domestic, Sexual & Gender-Based Violence**' programme.

[Click here to apply for course](#)

*The RiVeR project is offering **scholarships** which covers full fees to five students.*

## Save the Date

**The DkIT RiVeR Project Annual Community of Practice Conference  
will take place on 17.01.25**

**Theme:** Keeping the spotlight on Coercive Control: A multi-agency approach.

**Speakers include:** Dr. Stehpanie O'Keeffe, CEO of CUAN; Davina James-Hanman OBE; Detective Chief Supt. Colm Noonan; Dr. Susan Lagdon.

**Registration will open shortly.**



**News:** The RiVeR Project team were delighted to attend and deliver a presentation at the excellent Nursing and Midwifery Conference: HSE Dublin and North East recently.

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## Other Events and Notices From Our Community of Practice

# HSE Domestic, Sexual and Gender Based Violence (DSGBV) Programme

Module 3: Respond

CLICK TO START



Now LIVE on **hseland.ie**



## HSELand DSGBV Training Module

The National **DSGBV Training Programme Module 3 – Respond** – is now live on **HSELand**. This e-Learning module is available to all HSE staff and staff from funded services and it builds on the learnings from the first two modules – Awareness and Recognise. More specifically this module provides tools for professionals to:

- Understand the importance of asking about DSGBV,
- Gain skills on when to ask and how to approach the question,
- Respond and support a victim during and after a disclosure – including risk assessment and safety planning,
- Understand barriers victims may face to disclose abuse

1 CPD hours have been awarded in accordance with NMBI guidance

You can access the module here – [HSE Domestic, Sexual and Gender Based Violence \(DSGBV\) Programme Module 3 - Respond](#). You can also find it by using the “search a module” tool with the key words “DSGBV” or “DSGBVRespond”.

**16 DAYS OF ACTION**

GLOBAL 16 DAYS CAMPAIGN

**SILVER SISTER PRODUCTIONS**

Women's Aid Dundalk

**27.11.2024**  
2 PM - 5 PM

**LOUTH COUNTY MUSEUM**

FREE ENTRY	MORE INFO:	042-9333245 info@womensaiddk.net
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## News:

**Women's Aid Dundalk** held a multiple of events throughout the 16 days of Activism Against Gender Based Violence, including a special event in the Louth County Museum which included a performance by Silver Sister Productions.

They were also out and about and held a selection of awareness-raising tables around the town and in DkIT specifically aimed at students and staff on the 26th Nov and 3rd Dec.

**SUPPORTING & RESPONDING TO STAFF : RESEARCH INSIGHTS AND PRACTICAL SKILLS**

TUESDAY, DEC 10TH 2024

Croke Park, Dublin

10:00 - 15:00

Join us for the launch of two pivotal reports and a training session on managing vicarious trauma.

**REGISTER NOW**

ACTIVE\* CONSENT

Ulster University

UNIVERSITY OF GALWAY

Galway Rape Crisis Centre

COSHARE



## Active\* Consent Report Launch

### **Final COSHARE Event Announcement - Supporting and Responding to Staff: Research Insights and Practical Skills**

Join colleagues from University of Galway, Ulster University, the Active\* Consent team and Galway Rape Crisis Centre on December 10th, 2024.

We will present findings from two new research reports and offer a practical training session on building resilience and self-care skills for people who may be exposed to disclosures or trauma.

The **COSHARE North-South survey report** will outline key findings from the first all-island study of Higher Education staff members' experiences of consent, sexual violence, and harassment in Northern Ireland and the Republic of Ireland. This collaboration by Ulster University and the University of Galway brings workplace

culture and wellbeing into the conversation in discussing staff experiences.

The **First Point of Contact (FPOC) Disclosure Skills Training** report describes the research evaluation of this 12-hour training programme offered in collaboration with Galway Rape Crisis Centre, Active\* Consent, and University of Galway Student Services. The report shares our learning from offering training on receiving disclosures and signposting to supports in a trauma-informed way, keeping everybody safe in this process.

The afternoon training session, **Compassion Without Compromise: Self-Care Strategies for Managing Exposure to Vicarious Trauma** is suitable for staff and managers in education and other settings. This interactive session introduces participants to managing the risk of exposure of vicarious trauma and burnout. It draws on the First Point of Contact skill set along with insights from the forthcoming 2nd Edition of *Addressing Student Sexual Violence in Higher Education* (Clarissa DiSantis & Graham Towl).

### **Agenda:**

09:30-10:00 Registration

10.00-11.00 Launch of the COSHARE North-South Survey Report. Funded by the HEA North South programme.

11.15-12.15 Launch of the First Point of Contact Disclosure Skills Evaluation Report. Funded by the Irish Research Council New Foundations scheme.

12.15-13.00 Complementary lunch

13.00-14.45 Training session: Compassion Without Compromise: Self-Care Strategies for Managing Exposure to Vicarious Trauma

14.45-15.00 Conclusion and reflections

### **Who Should Attend:**

Managers, Policy Makers, and Researchers

- Professionals engaged in promoting safer cultures and staff well-being
- Staff working in education or others settings with interests or responsibilities concerning consent, sexual violence, and harassment response

### **Registration Information:**

**Spaces are limited! Register now to secure your spot at this [Eventbrite link](#)**

[Click here to Register for this event](#)

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## HYAR Project Launch

### **RSE education in Northern Ireland not currently fit for purpose, young people tell Ulster University research project into Healthy Young Adult Relationships (HYAR)**

The HYAR project was supported by eight young researchers who worked with the research team to understand awareness of coercive control and intimate partner violence in Northern Ireland for other young people.

RSE education in Northern Ireland is not fit for purpose or inclusive, nor is it delivered early enough, according to young people aged 16-20 who took part in an Ulster University research project into Healthy Young Adult Relationships (HYAR).

Launched at Ulster University in Belfast on Thursday evening, the HYAR research report, funded by the Medical Research Council examined the educational gaps in relationship education for a diverse range of young people aged 16-20, their parents/carers and youth work providers.



## **U-Night: Violence Against Women and Girls Under the Spotlight**

**Join us to shine the spotlight on violence against women and girls and gender-based violence, raising awareness and promoting change.**

**U-Night: Violence Against Women and Girls Under the Spotlight.**

Come join us at **Ulster University** for a thought-provoking evening focused on **violence against women and girls and gender-based violence**. This event will feature presentations and a panel discussion from policymakers, frontline support workers and academics on local strategies, frameworks, research and action that focus on violence against women and girls and domestic and sexual abuse.

[\*\*Click here to register for this event\*\*](#)

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# IRELAND move Men Overcoming Violence

## **MOVE Ireland Launch Online Domestic Abuse Prevention Programme in Donegal**

On Wednesday the 6th November, MOVE Ireland proudly unveiled a new online Domestic Abuse Prevention Programme for Donegal. This online group programme represents a crucial step towards reducing incidents of abuse and fostering safer environments for all.

Speaking at the event Dr. Marie Hainsworth from Donegal Domestic Abuse Services illustrated the work carried out by the Donegal Domestic Violence Liaison Group and its community partners. Dr. Hainsworth highlighted the importance of collaboration when addressing domestic abuse saying, 'It's not something any one agency can do on its own' and commented 'It's huge that we've been able to bring this programme to Donegal.'

MOVE's CEO Dr. Michelle Walsh echoed the need for collaboration and interagency work when addressing domestic abuse, 'We all have a huge part to play in reducing incidents of domestic violence.' Dr. Walsh also went on to give an overview of the 'Choices' programme and the real change that can be brought about by behaviour intervention programmes.



[To read more about this event click here.](#)

HEA

AN tÚDARÁS um ARD-OIDEACHAS  
HIGHER EDUCATION AUTHORITY

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